



The 3 main topics taught throughout each year group are:

- Living in the wider world
- Health and well-being
- Sex and relationships

PSHE Progression Map



Progress and assessment

- Confidence checkers
- RAG rating
- Revisit and recall
- End of unit assessments
- Peer assessments
- Mind maps
- Scenarios
- I do, we do, you do



**Year
7**

Friendships, respect in relationships

- Transition and safety
- Diversity
- Health and puberty
- Building relationships

**Year
8**

Identity, relationships and sex Ed

- Emotional well-being
- Discrimination
- Community and careers
- Drugs and alcohol
- Identity and relationships

**Year
9**

Contraception and STI's. Sex, the law and consent

- Healthy lifestyle
- Respectful relationships
- Setting future goals
- Peer influence, gangs and substance misuse
- Intimate relationships
- Employability skills

**Year
10**

Exploring relationships and sex education

- Mental health
- Radicalisation and extremism
- Financial decision making
- Exploring influence
- Healthy relationships
- World of work

**Year
11**

Sexual health and building for the future

- Communication in relationships
- Next steps
- Independence

- World of work
- College
- Apprenticeship
- 6th Form
- University
- Independence

- RSE compliant
- Health compliant
- Gatsby benchmark compliant

